

Dear Colleague,

We are pleased to invite you to our 14th Annual Heart Failure Holiday Symposium, November 30 – December 1, 2018, at Northwestern Memorial Hospital's Feinberg Conference Center in Chicago.

Now in its fourteenth year, this symposium is respected as a top tier regional heart failure meeting, and is endorsed by the Heart Failure Society of America (HFSA). This year we will once again assemble leading cardiologists, cardiac surgeons, nurses, and psychologists with expertise in heart failure and cardiac surgery. They will share advances in heart failure prevention and biomarkers as well as provide updates on the very latest clinical, scientific, genetic, behavioral, and technological advances for managing patients with heart failure.

Following the success of last year's meeting, a moderated poster session for cardiology fellows has now expanded to include cardiovascular nursing and allied health professionals as well. This will serve as the kick off for the 2-day symposium.

Highlights of the 2018 Heart Failure Symposium will include:

- Advanced heart failure (VADs and Transplant)
- · Optimizing a Multidisciplinary Approach to Heart Failure Care: Challenges and Opportunities
- Interventional and Surgical Heart Failure
- Managing Heart Failure in a Digital Era
- Advanced Cardiac Therapies and the Brain
- Great Debates in Heart Failure: Defibrillators and Readmissions

As has become our tradition, we have reserved The Signature Room at the 95th® located in the John Hancock building, with its beautiful view of the Chicago skyline, for a reception on Friday evening. There are few December venues more stunning than The Signature Room. This has become a favorite amongst participants and will provide the opportunity to network with conference faculty and participants.

Please do not hesitate to contact us if you would like additional information, or go to our website at Northwestern.cloud-cme.com for online registration. We hope to see you there!

Sincerely,

Jonathan D. Rich, MD, FACC, FHFSA Associate Professor of Medicine Medical Director, Mechanil Circulatory

Northwestern University

Support Program

Duc Thinh Pham, MD Associate Professor of Surgery Surgical Director Center for Heart Failure, Heart Transplantation and Mechanical

Assistance

Northwestern University

Clyde W Yancy, MD, MSc Chief, Division of Cardiology Magerstadt Professor of Medicine Vice-Dean, Diversity & Inclusion

tance Northwestern University

Kommen & Grobe

Allen Anderson, MD

Professor of Medicine Medical Director, Center for Heart Failure, Heart Transplantation and Mechanical Assistance Northwestern University Kathleen Grady, PhD, RN, MS Professor of Surgery and Medicine Administrative Director of Center for Heart Failure

Northwestern University

CALL FOR ABSTRACTS

- Abstracts previously presented at other national or international meetings will be accepted.
- Abstract submission is limited to current general cardiology, heart failure, cardiothoracic surgery fellows in training, nurses and allied health professionals.
- Notifications for abstract acceptance will be announced via e-mail November 19th, 2018.
- Selected recipients will receive a research prize.
- The poster session will take place during breakfast on Friday, November 30, 2018 from 8:00-8:55 a.m.
- Abstract grading is blinded and abstracts are selected on the basis of scientific merit.
- Accepted abstracts will be published in the online svllabus.
- For questions regarding the submission guidelines or to submit your abstract, please contact aacevedo@nm.org.

ABSTRACT TITLE

• An abstract must have a short, specific title (containing no abbreviations) that indicates the nature of the investigation.

AUTHOR NAME(S)

- The submitting author is designated as the primary/presenting author. You may rearrange the order of the authors; however, always list the senior author last.
- If an author's name appears on more than one abstract, it must be identical on each abstract.

ABSTRACT DATA

- All abstracts must be submitted in English.
- Authors should not "split" data to create several abstracts from one.
- Abstracts containing identical or nearly identical data submitted from the same institution and/or individuals will be disqualified.
- Proofread abstracts carefully to avoid errors before submission. The abstract will be published exactly as it has been submitted.

ABSTRACT TEXT

- Abstract format should mirror the ACC/AHA style with: Objective/Hypothesis; Background; Methods; Results; Discussion; Implications
- Briefly describe the objectives of the study in the background section. Include a hypothesis in the background section. Include a brief statement of methods. State findings in sufficient detail to support conclusions.
- · Use generic drug names.
- Do not begin sentences with numerals.
- Standard abbreviations may be used without definition. Nonstandard abbreviations must be placed in parentheses after the first use of the word or phrase abbreviated.
- Do not include references, credits, or grant support.
- Do not include names or personal information of participating patients.
- Abstracts are limited to 350 words. This does not include the title or authors.
- One (1) figure or table may be included below the abstract text.

ABSTRACT ACCEPTANCE

- Guidelines for abstract presentation will be provided to the presenting authors of accepted abstracts in mid-November via email.
- No person may record any portion of the poster presentation. Additionally, information shared by investigators at the time of a meeting is confidential and often unpublished data. Taking photos of or recording the content of slides and/or posters is prohibited.

MARK YOUR **CALENDARS**

2019

Nutrition Science: From Populations to Plates

May 5, 2019 Chicago, Illinois

Chicago CVU

July 18 - 20, 2019 Chicago, Illinois

Pulmonary Hypertension

August 2, 2019 Chicago, Illinois

Echo NU

September 20 - 22, 2019 Chicago, Illinois

Chicago CSI

October 18 - 19, 2019 Chicago, Illinois

Holiday Heart Failure

December 6 - 7, 2019 Chicago, Illinois

LEARNING OBJECTIVES

At the conclusion of this activity, participants should be able to:

- Review pertinent new findings targeting the prevention of heart failure;
- Describe the evaluation and treatment approach to various cardiomyopathies including those which are heritable;
- **3.** Describe critical concepts related to the management of cardiorenal syndrome;
- Identify the approaches used in different heart failure syndromes such as preserved ejection fraction, reduced and recovered ejection fraction;
- Recognize the key diagnostic and treatment nuances associated with restrictive cardiac physiology;
- Describe the surgical and percutaneous options for patients with heart failure and valvular heart disease:
- Describe the current state of cardiooncology, especially with respect to the failing heart;
- **8.** Debate the various options for acute mechanical circulatory support;
- Summarize the approach to developing a multidisciplinary heart failure program;
- 10. Explain the pros and cons to the current heart failure reduction readmission program including potential unintended consequences;
- Describe special effects of heart failure syndromes on brain behavior and cognition;
- 12. Explore emerging trends in the digital era including how to leverage these technologies and incorporate them into your heart failure program;
- Describe the key considerations when managing fluids, electrolytes, and nutrition in the heart failure patient;
- Explore various surgical and interventional therapies for heart failure; and
- **15.** Describe the controversies and usage of ICDs in patients with heart failure.

TARGET AUDIENCE This continuing medical education program is designed to meet the educational needs of cardiologists, cardiothoracic surgeons, family practice, internal medicine, hospitalists, advanced practice nurses, registered nurses, physician assistants, pharmacists, cardiology and cardiac surgery fellows and residents in training involved in the diagnosis and management of adult patients with heart failure or at risk for heart failure.

ACCREDITATION STATEMENT The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT HOUR STATEMENT The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 10.25 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CONFERENCE LOCATION The program will be held at Northwestern Memorial Hospital Feinberg Conference Center, Chicago, Illinois 60611.

PARKING Discounted parking is available at the Huron St. Clair garage, located at 222 E. Huron Street, or at the Erie Ontario garage, located at 321 E. Erie Street. Please visit the registration table for parking validation.

FACULTY DISCLOSURE Northwestern University Feinberg School of Medicine requires course directors, speakers, instructors, planners and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by NUFSM for fair balance, scientific objectivity of studies mentioned in the material or used as the basis for content, and appropriateness of patient care recommendations. The faculty disclosures will be indicated in the course syllabus.

SPECIAL NEEDS The Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference is in need of accommodations please indicate those needs on the registration form or submit written requests to the Office of CME at least one month prior to the conference date.

CANCELLATION POLICY \$50 shall be retained to cover administrative expenses should you cancel your registration for any reason. In order to refund the balance, we must receive WRITTEN notice of withdrawal by October 30, 2018. No refunds will be issued thereafter.

HOTEL ACCOMMODATIONS We have a block of rooms reserved at the Hyatt Centric Chicago Magnificent Mile. To book your room for our room rate of \$229 please call (888) 591-1234 to reserve your room. The Hyatt Centric is located at 633 N Saint Clair Street, Chicago, IL. Please contact the Hyatt directly at 888-591-1234 or https://book.passkey.com/go/NW14thHeartFailureSymposium to make reservations. To receive the reduced room rate, reservations must be made by November 7, 2018. Reservations made after November 7, 2018 are subject to availability at regular room rates. The room block may fill prior to cutoff date, so be sure to make your arrangements early.

WELCOME RECEPTION Please join us Friday, November 30th, from 6:30pm to 9:00pm for a welcome reception at The Signature Room at the 95th. Enjoy breathtaking views from 95 stories above the city while connecting with the conference faculty and participants. In order to secure your spot, please kindly respond at the time of registration.

ADDITIONAL INFO In Northwestern Medicine's quest to provide valuable education opportunities for the cardiovascular professional, we welcome questions, feedback, and ideas for future course topics. Please contact us via email: **cvconferences@northwestern.edu**.

FRIDAY, November 30, 2018		V. Heart Failure with Preserved Ejection Fraction (HFpEF)		
7:00 - 8:00 am Session I:	REGISTRATION & BREAKFAST Basic, Clinical, Translational,	Moderators:	Sanjiv Shah, MD and Jeffrey Testani, MD, MTR	
	and Psychosocial Heart Failure Research	11:15 - 11:20 am	Case Presentation	
8:00 - 8:55 am	Poster Presentations and Abstract Judging	11:20 - 11:40 am	Adam Schuldt, MD, PhD Deconstructing the diagnosis of	
9:00 - 9:10 am	WELCOME REMARKS		HFpEF: A Checklist Approach Sanjiv Shah, MD	
SESSION II:	Heart Failure Morning Report: Cases and Content	11:40 - 12:00 pm	Resistance	
I. Prevention	of Heart Failure		Jeffrey Testani, MD, MTR	
Moderators:	Donald Lloyd-Jones, MD, ScM and	12:00 - 12:05 pm	DISCUSSION	
9:10 - 9:15 am	John Wilkins, MD, MS Case Presentation	12:05 - 12:15 pm	Awards Ceremony and Housekeeping	
5.10 5.15 dill	Anjan Tibrewala, MD	12:15 - 1:00 pm	LUNCH WITH FACULTY	
9:15 - 9:25 am	The A's & B's but no C's of Heart Failure	SESSION III:	Two Pathway Breakout Sessions	
9:25 - 9:30 am	Donald Lloyd-Jones, MD, ScM DISCUSSION	TRACK ONE:	Advanced Heart Failure (VADs	
II. Keynote Address		Madama	and Transplant)	
Moderators:		Moderators:	Kambiz Ghafourian, MD, MPH and Jane Wilcox, MD, MSc	
9:30 - 9:50 am The Re-conv and Heart F	The Re-convergence of Diabetes	1:00 - 1:20 pm	Patient Selection Jonathan D. Rich, MD	
	and Heart Failure: A Renaissance Akshay Desai, MD, MPH	1:20 - 1:40 pm	State of the Art Updates Esther Vorovich, MD, MS	
9:50 - 9:55 am	DISCUSSION	1:40 - 2:00 pm	DISCUSSION	
III. Heart Failure with Reduced Ejection Fraction (HFrEF)		TRACK TWO:	Optimizing a Multidisciplinary Approach to Heart Failure Care:	
Moderators:	Allen Anderson, MD and Jonathan Rich, MD		Challenges and Opportunities	
9:55 - 10:00 am	Case Presentation Sirish Vullaganti, MD	Moderators:	Stacie Ward, RN, MS, APN-BC and Allen Anderson, MD	
10:00 - 10:10 am	_	1:00 - 1:15 pm	The Medical Director: Team Leader and Cheerleader Akshay Desai, MD, MPH	
10:10 - 10:15 am	DISCUSSION	1:15 - 1:30 pm	The Heart Failure APN: Fabric and Glue of the Team	
IV. Cardiomyopathy Update 2018			Sara Paul, DNP, FNP, FAHA, CHFN	
Moderators:	Allen Anderson, MD and Jonathan D. Rich, MD	1:30 - 1:45 pm	The HF PharmD: Expanding the Role with Limited Time Michelle Fine, PharmD, BCACP, BCPS	
10:15 - 10:30 am	lt's in the Genes Lisa Wilsbacher, MD, PhD	1:45 - 2:00 pm	DISCUSSION	
10:30 - 10:45 am	Making Weak Hearts Strong Again			

(MWHSA)

Jane Wilcox, MD, MSc

10:45 - 10:55 am **DISCUSSION**10:55 - 11:15 am **BREAK & EXHIBITS**

SESSION IV:	Cardio-oncology: Surviving the Cure	8:20 - 8:40 am	Are Your Patients Utilizing Wearables, Telehealth
Moderators:	Ike Okwuosa, MD and Jeffrey Sosman, MD		(Skype/Facetime), MEMS, etc. Liviu Klein, MD
2:00 - 2:20 pm	Cancer and the Heart: It's Pretty Bad	8:40 - 8:50 am	DISCUSSION
·	Javid Moslehi, MD	SESSION VII:	Advanced Cardiac Therapies and the Brain
2:20 - 2:40 pm	Cancer and the Heart: It's Not All Bad <i>Nausheen Akhter, MD</i>	Moderators:	Kathleen Grady, PhD, RN, MS and Paul Goetz, PhD
2:40 - 2:50 pm	DISCUSSION	8:50 - 9:10 am	When is There a Need for
2:50 - 3:10 pm	BREAK & EXHIBITS		Neurocognitive Assessment? Gail Osterman, PhD
SESSION V:	Interventional and Surgical Heart Failure: Blame It on the Valves?	9:10 - 9:30 am	Psychosocial Evaluation and Advanced Cardiac Therapies
Moderators:	Duc Thinh Pham, MD and		Mary Amanda Dew, PhD
3:10 - 3:25 pm	Charles Davidson, MD Surgical Approach to Ischemic	9:30 - 9:50 am	Behavioral Challenges: Is Change Possible?
	Mitral Regurgitation Pavan Atluri. MD	9:50 - 10:00 am	Kim Feingold, PhD DISCUSSION
3:25 - 3:40 pm	Functional MR: Update on CoApt	10:00 - 10:15 am	BREAK & EXHIBITS
	Mark Ricciardi, MD	SESSION VIII:	The Big Questions in Heart
3:40 - 3:55 pm	AHA Guidelines for Low EF AS and Al Robert Bonow, MD, MS	SCSSION VIII.	Failure: Defibrillators and Readmissions
3:55 - 4:10 pm	SAVR and TAVR Updates for Low EF AS and AI S. Chris Malaisrie, MD	Moderators:	Allen Anderson, MD and Esther Vorovich, MD, MS
4:10 - 4:25 pm	Surgical and Interventional	I. Who needs an ICD in 2018?	
	Options for Functional TR Duc Thinh Pham, MD and Charles Davidson, MD	10:15 - 10:30 am	Most Patients with a Low Ejection Fraction DO Need an ICD Bradley Knight, MD, FACC, FHRS
4:25 - 4:45 pm	DISCUSSION	10:30 - 10:45 am	
4:45 - 5:00 pm	CLOSING REMARKS AND ADJOURN	10.30 10.13 4.11	Fraction DO NOT Need an ICD Wayne Levy, MD
	RECEPTION: THE SIGNATURE ROOM AT THE 95TH	10:45 - 10:55 am	DISCUSSION
6:30 - 9:00 pm		II. Heart Failure Readmissions: The Roundtable	
Saturda	y, December 1, 2018	10:55 - 11:05 am	
7:30 - 8:00 am	REGISTRATION & BREAKFAST		How Do We Count Them? Faraz Ahmad, MD
7:00 - 7:45 am	Evidence-based Guideline-directed Treatment of Heart Failure: A Guideline Update Clyde Yancy, MD, MSc	11:05 - 11:15 am	When Drugs Aren't Enough, How Can Process Improvements Impact Heart Failure Readmissions? R. Kannan Mutharasan, MD
SESSION VI:	Managing Heart Failure in a "Digital" Era	11:15 - 11:25 am	Where Do We Go From Here? Clyde Yancy, MD, MSc
Moderators:	Clyde Yancy, MD, MSc and	11:25 - 11:35 am	DISCUSSION

11:35 - 11:45 am **WRAP UP & ADJOURNMENT**

Jonathan D. Rich, MD

Medicine

Are You on Social Media? Your New Source of Evidence-based

John Ryan, MD, FACC, FAHA

8:00 - 8:20 am

COURSE DIRECTORS

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Chair

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Director Myocardial Recovery Program

Iohn Wilkins, MD, MS

Assistant Professor of Medicine

Cardiology and Preventive Medicine

Lisa Wilsbacher, MD, PhD

Assistant Professor of Medicine and Pharmacology

Registration Categories

	Full Conference (Friday, November 30 and Saturday, December 1)		
	Before 11/1/2018	After 11/1/2018	
Physician	□ \$475	□ \$575	
Industry Professional	□ \$475	□ \$575	
Nurses/Other HCP	□ \$325	□ \$385	
Northwestern Medicine Physicians	□ \$250	□ \$475	
Northwestern Medicine Nurses/HCP/Staff	□ \$250	□ \$350	
Fellows/Residents/Landsberg Society Members	□ \$250	□ \$250	
CDH/LF live broadcast (Friday only)	□ \$125	□ \$150	
Physician registration fee includes access to the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) online module.			

Physicians can earn up to 10 MOC points valid towards the medical knowledge self-assessment requirements.

How to Register



ONLINE - Northwestern.cloud-cme.com

OR mail with check to (make your check payable to Northwestern University)

Northwestern University Bluhm Cardiovascular Institute Attn: Rana Khalifeh 676 N St Clair St, Floor 23 Chicago, IL 60611



For questions:

Email: cme@northwestern.edu

Or Call: 312-503-8533

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Daytime Phone	Fax				
E-mail (Required)					
Your registration confirmation will be e-mailed pecialty					
Please check all that apply					
FRIDAY: Reception at Signature Room at the 95th®					
Will you be attending? \square Yes \square N	o ☐ Yes, plus guest (One guest per registration)				
Special Dietary Requirements					
Disability Accommodations	Please advise us of your need				



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THE 14TH ANNUAL HEART FAILURE HOLIDAY SYMPOSIUM

November 30 - December 1, 2018

Northwestern Memorial Hospital | Chicago, Illinois

Northwestern Medicine® is the shared vision that joins Northwestern Memorial HealthCare and Northwestern University Feinberg School of Medicine in a collaborative effort to transform medicine through quality healthcare, academic excellence, and scientific discovery.

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